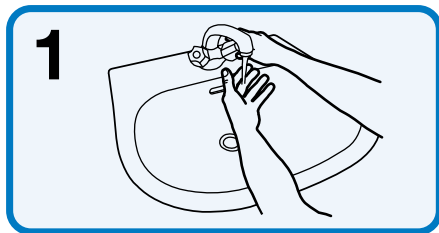
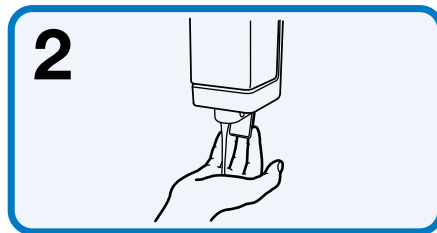


# STEPS TO CORRECTLY WASH YOUR HANDS

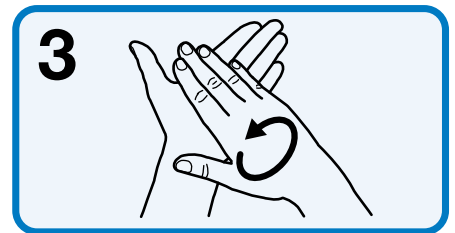
DURATION OF THE ENTIRE PROCEDURE: 40-60 SECONDS



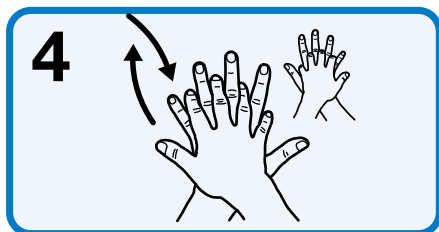
1 Wet hands with water;



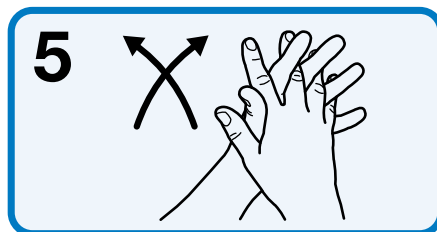
2 Apply enough soap to cover all hand surfaces;



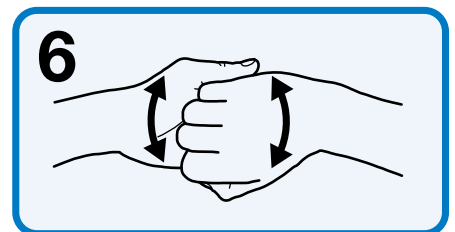
3 Rub hands palm to palm;



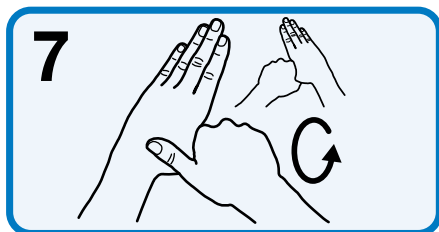
4 Right palm over left with interlaced fingers and vice versa;



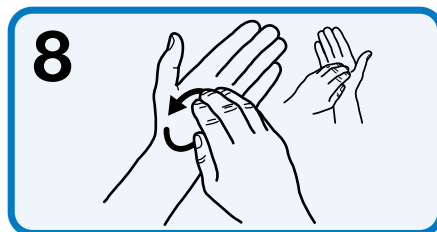
5 Palm to palm with fingers interlaced;



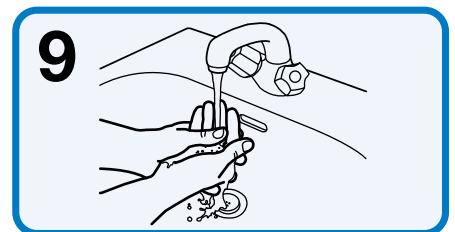
6 Backs of fingers with fingers interlocked;



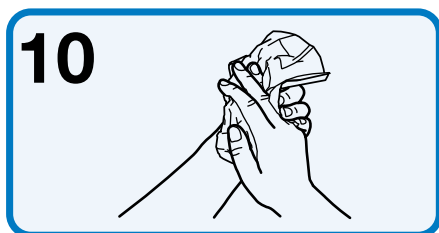
7 Wash thumbs;



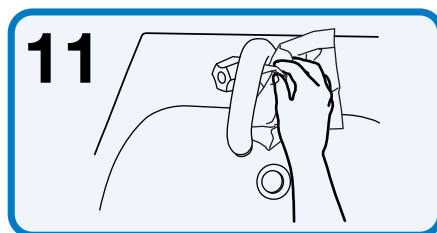
8 Wash fingernails;



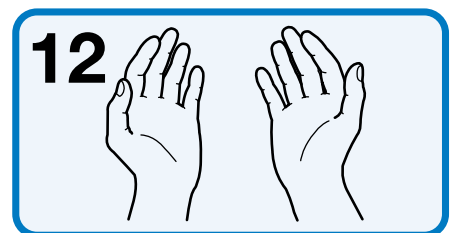
9 Rinse hands with water;



10 Dry hands thoroughly with a single use towel;



11 Use towel to turn off faucet;



12 Your hands are now safe.